**Life Coaching Studies (LCS-L3) course details**

This qualification is for candidates who:

* Want to take the first step in training to be an independent life coach.
* Want to use life coaching skills and techniques in a variety of settings and roles.

This qualification could lead to employment in a broad range of settings, including health and social care, human resources, mentoring and support.

**Entry requirements**

You must have achieved a level 2 qualification in life coaching or a related subject e.g., counselling skills, health and social care, or the Recognised Prior Learning (RPL) equivalent.

Prior qualifications might include the CPCAB Level 2 Award in Effective listening skills (ELSK-L2), Level 2 Award in Introduction to Counselling Skills (ICSK-L2),

or Level 2 Certificate in Counselling Skills (CSK-L2).

**Term dates**

Start date: 23/09/2022

End date: 27/01/2023

Fridays 10.00 am – 5.00 pm

**Course Duration:**

15 weeks

**Cost**

**£600**

**Non-refundable deposit of £200**

**4 monthly payments £100**

**Assessment Criteria**

Qualification number: 600/6961/2

Level: 3

Guided Learning Hours: 90

Total Qualification Time: 163 hours

Credit value: 16

Learning outcomes: (Skills, knowledge, understanding)

**The learner will be able to:**

1.Work within an ethical framework for life coaching work

2. Manage the life coaching alliance

3. Work with client diversity in life coaching work

4. Support clients to reach their goals

5. Apply understanding of self to life coaching work

6. Use life coaching skills and theory to enhance practice

7. Reflect on practice to enhance life coaching work

**Awarding body**

You will be awarded by counselling and Psychotherapy Central Awarding Body (CPCAB) and obtain your level 3 qualification after completion of an internal and external assessment.

Internal assessment: tutor assessment of candidate portfolio evidencing

minimum assessment requirements and verified by CPCAB.

See CPCAB’s Minimum Assessment Requirements.

External assessment: See CPCAB’S Covid – 19 Mitigation for Regulated

Qualifications – Guidance for Centres for current External Assessment

Adaptation information.

If you have any further queries, please contact admin.

ALL COURSES ARE DELIVERED AT THE CENTRE FACE TO FACE.

Application form is available upon request